



**SILVER LININGS  
INTERNATIONAL**

# North Carolina Health Transitions Operations Manual for Sustainability

**Goal:** Enhance outcomes, policies, and procedures tailored to youth and young adults of transition age (16–26 years) facing mental health challenges

**Timeframe:** 2021–2023

**Participants:** Behavioral Health staff and leadership

**Objective:** Engage stakeholders across the Healthy Transitions initiative to incorporate best practices into a sustainable operations manual.

**Outcomes:** Development of an operations manual outlining best practices that will inform and inspire future initiatives, ensuring a legacy of positive change for generations to come.